ABDUCTION SLING

This adjustable sling is held in place with two adjustable straps that fit around the users waist and the shoulder. The sling has a pillow section that rests on the users waist to cushion and support the weight of the arm.



Step 1: Place operated arm in the sling with elbow positioned at the end of the arm support.



Step 2: Position top strap with grey cushion pad behind the shoulder and around the neck to fasten through hoop.



Step 3: Fasten top strap back onto grey cushion pad.



Step 4: Position side strap around the waist to fasten through side hoop.



Step 5: Fasten side strap back onto waist strap.

Step 6: At the end of putting the sling on, ensure that the sling supports your hand and that your elbow is at 90 degrees for optimum comfort.