

SHOULDER SLING

This sling is held in place around the user's neck and waist with two adjustable straps. The neck strap carries the weight of the arm across the user's back and shoulders and it is secured around the waist with the waist strap.



Step 1: Place operated arm in the sling with elbow positioned at the end of the arm support.



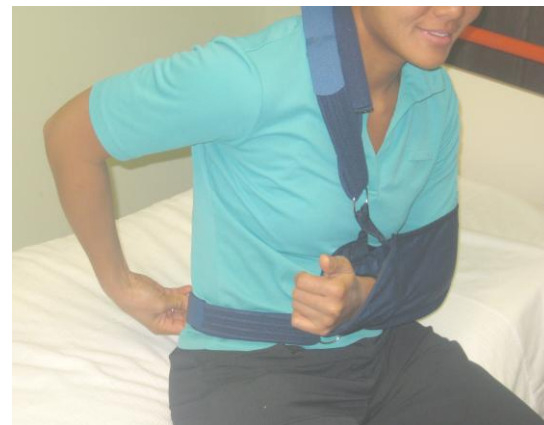
Step 2: Position top strap with blue cushion pad behind the shoulder and around the neck to fasten through hoop.



Step 3: Fasten top strap back onto blue cushion pad.



Step 4: Position side strap around the waist to fasten through side hoop.



Step 5: Fasten side strap back onto waist strap.

Step 6: At the end of putting the sling on, ensure that the sling supports your hand and that your elbow is at 90 degrees for optimum comfort.